City of Omaha Planning Department

APPLICATION
ZONING

☐ Rezoning from _____ to _____  ☐ Other
☐ Special Use Permit  ☐ Conditional Use Permit

Base Zoning District:  R-7

Property Owner: Arch, Inc. 3727 Jackson Street Omaha, NE 68105 402.346.8898
Name  Address  Zip
Applicant: Owner
Name  Address  Zip
Representative:
Firm Name  Address  Zip
Contact: Ron Smith 604 S. 37th Street Omaha, NE 68105 402.346.8898
Name  Address  Zip
E-Mail Address

Postal Address (or General Location if no address has been assigned): 3727 Jackson Street

Legal Description: Part of Lot 2, Block 9, West Omaha Addition

Proposed Use Type: Large Group Home  Existing Use Type: Single Family

Building and Parking Information:

a. Total Site Area  16,644 Sq. Ft.
c. Building Coverage (b ÷ a)  28.9 %
d. Maximum Building Height  45 Ft.
e. Total Floor Area  9,021 Sq. Ft.
f. Floor Area Ratio (e ÷ a)  0.542
g. Total Paved Area  3,580 Sq. Ft.
h. Impervious Coverage (b + g ÷ a)  50.4 %
i. Number of Parking Stalls  
   Number of Compact Stalls  
   Number of Handicapped Stalls  

Landscaping Information:

j. Total Area of Street Yard  8,623 Sq. Ft.
k. Street Yard Landscaped Area  7,569 Sq. Ft.
l. Street Yard Landscaped Area (k+j)  87.8 %
m. Parking Lot Area  
   Interior Parking Lot Landscaping  
   Interior Lot Landscaping (n+m)  

Residential Uses Only:

p. Total Number of Units for Multi-Family:  # of Efficiencies  16
q. Density (a+p)  1,040 Sq. Ft./Unt
r. Total Floor Area of Any Incidental Office or Commercial Use  

If you have any questions about this application, please contact the Current Planning Division at 402-444-5150.

Owner’s Signature  Applicant Signature

[Signature]  [Signature]

March 11, 2019  Date  3/11/19

Date

1/28/2014
ARCH, Inc. Program Plan
3727 Jackson St.

Executive Director
Ron Smith, MBA, PLADC

Associate Directors
Tom Fuchs, MSW, PLMHP, PCMSW, LADC
Bart Sullivan, LADC

Staffing
Executive Director: Establishes, implements, maintains, and monitors the daily operations and services for all ARCH, Inc. programs. Ensures compliance with standards consistent with the mission and policies at ARCH, Inc. Serves as liaison between the ARCH Board of Directors and the ARCH program. Shares in ARCH, Inc. fundraising responsibilities. Serves as Agency representative for Region 6 Behavioral Healthcare (Region 6) meetings. Shares in the rotation of staff at 5:30 groups, file/case management and peer evaluations.

Associate Director-Clinical Services: Works to provide oversight, decision-making and supervision of clinical/operational services. Assist the Director to ensure all clinical interventions and programming adheres to the Agency’s Policies and Procedures.

Counselors (2-3): Provides one-on-one counseling, facilitates therapy and special groups. Shares in the overflow of other responsibilities that are required to operate a halfway house and includes but are not limited to, oversight of maintenance of the building and grounds, file and case management review for the residents, scheduling and crisis intervention. All counselors are Licensed Alcohol and Drug Counselors (LADC’s/PLADC’s). The LADC/PLADC certification is regulated by the state of Nebraska and requires additional workshops every two years to continue to retain this certification.

Direct Care Staff (1-2): Assists and provides support to clients in meeting their daily needs in a healthy and safe manner. Monitors consumers' physical, social, and behavioral needs and collaborates with the multidisciplinary team to ensure the provision of appropriate interventions and support. Monitors resident structure and compliance when the ARCH counseling staff are not in the office. Ancillary staff carries a requirement of either a 2-year Associate Degree in the Behavioral Sciences or 2 years of lived-recovery experience.

Length of Time in Operation
Arch, Inc. has operated in the community for over 47 years serving over 5000 clients. The organization enjoys a reputation for helping those with addiction.

Program Licensing
Licensed by Nebraska Department of Health and Human Services as a state-licensed Mental Health Substance Use Treatment Center. This facility will be subject to rules and regulations.
lawfully promulgated by the State of Nebraska Department of Health and Human Services, Division of Public Health. This will be a 16-bed facility, and programming will fall under the regulations defined under Nebraska State 3.1 Halfway House level of care. ARCH, Inc. ancillary staff ratio per regulation is 12:1. ARCH, Inc. licensed staff ratio per regulation is 10:1. Overnight staff ratio includes one ancillary staff per house.

Annual Number of Clients Served
86 (no more than 16 at any given time)

Populations Served
Adult males with primary diagnoses of Substance Use Disorder.

Eligibility criteria:
- Adult males age 19 and older with admission priorities as outlined in the following priority order: Region 6 service area (Douglas, Dodge, Sarpy, Washington, and Cass counties), IV drug users, Nebraska residents and others.
- Primary diagnosis of substance abuse from the DSM-IV-TR or DSM-5. The American Society of Addiction Medicine (ASAM) placement criteria are utilized to determine the appropriateness for the level of care which is 111.1
- Minimal risk of withdrawal with 72 hours of continuous sobriety from mood-altering chemicals, other than those prescribed by a physician.
- Must have history of one or more experiences at other levels of care including but not limited to outpatient services, intensive outpatient services or short-term residential services.
- Ability/willingness to seek employment; or if disabled, ability/willingness to seek community service in lieu of employment.

Hours/Days of Services
The hours of operation will be 24 hours a day/7 days a week.

ARCH's administrative office is open from 9 AM to 5 PM Monday through Friday to complete assessments, intakes, individual client appointments and a variety of other needs. Additionally, licensed staff are available on an on-call basis to residents 24 hours a day/7 days a week. Screenings take place Monday through Thursday at 3:00 PM.

Ancillary direct service staff are on premises for evening, overnight and weekend shifts and occupy an office in the main area of the resident's quarters. The ARCH licensed staff is notified by the ancillary staff in the event of a crisis.

Traffic Considerations
During administrative hours, we anticipate 3-4 licensed staff/administrative employees to have vehicles on the premises. When licensed staff are not present, direct care staff will have 1-2 vehicles on the premises. The current on-premises parking accommodates these needs. In addition, at any given time the total number of resident vehicles number 2-3 on average.

12-10-2018
Frequency of Services/Specific Services Offered
This program provides a structured treatment and recovery-focused program. Duration of the program is based upon four to six-month length of stay. Those clients with co-occurring needs are given a referral to address their mental health needs. Programming includes the following frequency of services:

*Individual Counseling:* is required for all residents at least once per week with a licensed counselor. ARCH, Inc. has an open-door policy and licensed staff will be available for additional individual sessions on an as-needed basis.

*Group Counseling:* is required for all residents three times weekly. Two groups are scheduled Monday and Thursday evenings at 6:30 PM for 2 to 3 hours. An additional group is held daily at 5:30 PM.

*Self-help Groups:* is required of all residents to attend three AA meetings weekly.

*Peer Support:* peer evaluations are conducted approximately every 30 days. Individualized treatment plans are co-created with residents based upon constructive feedback provided at the peer evaluations.

*Recreation and Leisure:* is available to all residents based upon the individual’s schedule.

*Structure of the Program:* is based upon a 12-step program framework with the following phases:

- **Phase I:** First three steps of AA (Day 1-45)
- **Phase II:** Steps 4&5 of AA (Day 46-75)
- **Phase III:** Steps 6-9 of AA (Day 75-110)
- **Consolidation:** Step 10 of AA (Day 110+)

*Employment or Community Service:* is required of all residents for 30-40 hours weekly.

**Payer and Funding Source**
Primary funding comes from the Regional Behavioral Health Authority, Region 6 Behavioral Healthcare (Region 6) through an established contract. Additional funding comes from resident fees and fundraising activities.

**Fees**
The fee is $20.00 per day/$140.00 per week.

**Referral Sources**
Referrals come from other treatment providers, the criminal justice system, legal system, medical system, the 12-Step community and other stakeholders.

**Program Goals**
Services are designed and implemented to address the following goals:

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12-10-2018
1. Support recovery, health or well-being of the persons served.
2. Enhance the quality of life of the persons served.
3. Reduce symptoms or needs.
4. Build resilience.
5. Restore or improve functioning.
6. Support integration into the community.

Objectives and measurable indicators are developed and annually reviewed to support the individualized client goals and the program goals.

**WEEKLY SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>8 AM</td>
<td>Mandatory wake up time for all residents (for residents looking for work, they must be out of the house).</td>
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<td>8 AM-5 PM</td>
<td>Report to Work (Development of Vocational Skills and Training Activities).</td>
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<td><strong>If residents have the day off, they must participate in the following activities:</strong></td>
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<td>Development of Recreation and Leisure Skills with other peers.</td>
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<td>AA meetings (Linkages to Community Resources and development of a social network).</td>
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<td>Individual Counseling with staff.</td>
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<td>Educational Activities by reading AA literature and completing assignments.</td>
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<td>5:30 PM</td>
<td>Mandatory House Meeting for all Residents (Group Therapy).</td>
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<td>6:00 PM</td>
<td>Mandatory Supper for all Residents</td>
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<td>6:30 PM-9:00 PM</td>
<td>Group Therapy</td>
<td>AA activity Group Function (community resources)</td>
<td>AA Activity Group Function (community resources)</td>
<td>Group Therapy</td>
<td>Friday Night Camel Meeting (community resources and social network)</td>
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<td>9:00 PM-12:00 AM</td>
<td>Resident phase groups.</td>
<td>Resident life story groups.</td>
<td>Development of community living skills.</td>
<td>Education on Wellness and Recovery.</td>
<td>Development of recreational and leisure skills.</td>
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<td>12:00 AM</td>
<td>Mandatory curfew (1:00 AM Friday and Saturday).</td>
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12-10-2018
Program Modalities
The primary modalities are individual and group treatment. The majority of modalities and groups are offered by licensed personnel and other external providers. Additionally, treatment includes:
1. Relapse Prevention Support.
2. Group counseling.
3. Educational groups.
4. Recreational and leisure activities.
5. Community living support.
6. Employment support.

Licensed staff will utilize evidence-based approaches to counseling and recovery goals such as Cognitive-Behavioral Therapy, Motivational Interviewing, and Twelve-Step Recovery based on the Minnesota Model.

Shares Information with Relevant Stakeholders
ARCH, Inc. will share information about the scope of services with the primary stakeholders which will include the following:
• Client.
• Client’s family/support systems in accordance with his choices.
• Referral sources.
• Payers and funding sources.
• Other relevant stakeholders.
• General public.